GENERALLY SPEAKING EDITION FIVE OCTOBER 2013



MATER WOMEN'S HEALTH CONFERENCE 2013 | MAGNIFIQUE



Saturday 2 November to Sunday 3 November 2013, Sofitel Broadbeach

Mater Health Services is delighted to invite you and your colleagues to our final conference of the 2011 – 2013 RACGP triennium. Let us whisk you away for a Parisian experience and two-day education program at the luxurious Sofitel Hotel, located in cosmopolitan Broadbeach.

Featuring the crème de la crème of specialists covering popular topics such as dermatology, plastic and reconstructive surgery, gynaecologic oncology, paediatrics, obstetrics, maternal fetal medicine, breast cancer and advanced life support (including CPR), as well as Mater's Shared Care Advanced Alignment Program, this conference is not to be missed.

While delivering the highest quality education, Mater's award-winning conferences also provide exceptional social and networking events. You will spend the weekend enjoying a French-inspired lifestyle, with exquisite culinary delights and a luxury cocktail soirée.

FULL DELEGATE REGISTRATION -\$480 INC GST

- Two-day conference registration (Saturday and Sunday).
- One night accommodation in a classic guest room.
- Cocktail soirée for two on Saturday evening.
- Breakfast for two on Sunday.

Day delegate packages also available from \$70

PROGRAM: General	Women's Health			
Saturday 2 November 2013				
9.30 am to 10 am	Delegate registration and morning tea			
10 am to 10.10 am	Welcome			
10.10 am to 11.10 am	Session 1: Gynaecologic oncology			
11.10 am to 12 noon	Session 2: Breast implants: safety and controversies			
12 noon to 12.40 pm	Lunch and meet the specialist			
12.40 pm to 1.20 pm	Session 3a: Gestational diabetes management	Session 3b: Advanced life support (ALS)		
1.20 pm to 2.20 pm	Session 4: New neonatal screening – NIPT, and multiple pregnancies			
2.20 pm to 2.40 pm	Session 5: Work TO retirement or work IN retirement			
2.40 pm to 3 pm	Afternoon tea and meet the specialist			
3 pm to 4 pm	Session 6: Breast cancer surgery and support	Session 3b: ALS continued		
4 pm to 4.30 pm	Session 7: Preconception counselling			
4 pm to 5 pm	Session 8: Paediatric toileting issues			
6.30 pm to 9 pm	Cocktail Soirée			
Sunday 3 November 20	013			
8.30 am to 9 am	Delegate registration			
9 am to 10.40 am	Session 9: Your Women's Health Questions Answered – Expert Panel			
10.40 am to 11 am	Morning tea and meet the specialist			
11 am to 11.30 am	Session 10: HPV: patient presentations, types and testing			
11.30 am to 12 noon	Session 11: Dermatology			
12 noon to 1 pm	Session 12 : The fast and the furious – reproductive modalities for women in the 21st Century and Non-invasive prenatal testing			
1 pm to 2 pm	Lunch and meet the specialist			

PROGRAM: Shared Antenatal Care Advanced Alignment

Saturday 2 November 2013		
9.30 am to 10 am	Delegate registration and morning tea	
10 am to 12 pm	Preconception planning and fertility, infections in	
	pregnancy, ectopic pregnancy.	
12 pm to 12.40 pm	Lunch and meet the specialist	
12.40 pm to 2.40 pm	Pre-term labour and premature rupture of membranes, post	
	partum cases; breastfeeding.	
2.40 pm to 3 pm	Afternoon tea and meet the specialist	
3 pm to 4.40 pm	Neonatal examinations, the fussy infant, common neonatal	
	complications and breastfeeding.	
4.40 pm to 5 pm	Questions and feedback	
6.30 pm to 9 pm	Cocktail Soirée	

FURTHER INFORMATION AND REGISTRATION

To register or for further information please visit Mater's online registration portal located at www.materonline.org.au/2013/whc or contact Rachel Perkins on telephone 07 3163 6638 or email rachel.perkins@mater.org.au

This activity has been approved by the RACGP QI & CPD Program. Total 40 Category 1 Points.

GENERALLY SPEAKING

GENERALLY SPEAKING DIRECT TO YOUR INBOX



Generally Speaking will soon be available in an e-newsletter format, making it more convenient for you to access relevant news from Mater.

The e-newsletter will be sent directly to your nominated inbox on a bi-monthly basis to provide you with important information on GP Education events and exciting news on Mater services and medical advancements. It will be available as an e-newsletter in early 2014.

If you would like to register please email the following details to Sara McDonald, sara.mcdonald@mater.org.au

• Name, email, practice name and telephone number

MATER EXTENDS MATERNITY AND BABY CARE PRODUCT RANGE

Mater welcomes Mater Baby Wash and Mater Baby Moisturiser to its maternity and baby care product range continuing the exceptional care it provides from the hospital into the home.

Mater's product range is specially developed by Mater midwives and mums and is backed by years of research and development.

The products are dermatologically tested by an independent testing authority in the United States of America using the Repeat Insult Patch Test (RIPT) method.

Mater Dermatologist Dr Jim Muir said RIPT was a practical 'real world' demonstration of how well a product was tolerated.

"Skin reactions to cosmetic products are not uncommon, especially if the skin is sensitive or already inflamed," he said.

Mater Baby Wash and Baby Moisturiser are specifically developed for newborn baby's skin.

Mater Baby Wash is a lightly foaming cleanser developed for daily use on baby's skin and scalp and the gentle tear-free formula helps to keep the skin soft and protected by retaining the skin's natural oils and moisture.

Mater Baby Moisturiser is an extra mild lotion to soothe and condition baby's delicate skin, providing long-lasting protection from dryness to keep the skin smooth.

Mater Products are available from Mater Pharmacies, Mater Florists, online via www.matermothers.org.au and at selected Terry White Chemists stores.

Proceeds from Mater products support Mater Little Miracles.



UPDATED INFORMATION MAKES REFERRALS EASY

Mater Allied Health Services has introduced new referral information pages to Mater Online to support GPs in providing relevant, timely and complete patient referrals.

GPs are encouraged to visit www.materonline.org.au to find out the latest information on referring patients to Mater Allied Health Services, including Mater Health and Wellness Clinic.

The updated referral form will help ensure patients are appropriately triaged and those with the highest clinical need are seen without delay.

For more information visit www.materonline.org.au



REFERRAL GUIDELINES AVAILABLE TO GPs

Have you seen the online referral guidelines for Mater Adult Specialist Clinics? The guidelines have been developed for GPs and include clinic specific information on:

Scope of practice	Reducing confusion over which services are provided by which clinics.
Anticipated wait times	Assisting GPs in making informed decisions about which hospital to refer to and allowing GPs to more effectively manage patient expectations.
Contact information	Improving communication pathways between GPs and specialists in the interests of patient care.
Referral criteria	Facilitating appropriate triaging and timely access to specialist appointments.
Pre-referral guidelines (e.g. gastroenterology)	Supporting GP management of conditions prior to or in lieu of a specialist appointment, particularly for high demand services.

The referral guidelines are easy to access and can be found at **www.materonline.org.au/adult/referralguidelines** or search 'Mater Referral Guidelines' on www.materonline.org.au

WHICH DOCTOR?

DR JOSEPHINE LAURIE

Obstetric Medicine Specialist Dr Josephine Laurie offers care and support to expectant mothers at Mater Mothers in Brisbane, specialising in medical complications durin



medical complications during pregnancy.

A graduate of The University of Newcastle, Dr Laurie completed her obstetric medicine fellowship training at the Royal Prince Alfred Hospital, the Royal Brisbane and Women's Hospital and Mater Mothers' Hospital where she has practiced since 2006.

Dr Laurie is an active participant in the Mater Mothers' Shared Care Alignment Program and provides training to junior doctors and medical students.

Dr Laurie works within a multidisciplinary team and is experienced in managing complications such as hypertensive and renal disease, diabetes and thyroidal disorders and complex clotting disorders. Her scope of practice includes preconception counselling, antenatal medical management and post-delivery follow up.

Referrals can be made to Dr Laurie at:

Eve Health, Shop 5, 199 Grey St, South Bank QLD 4101

Telephone: 1300 383 432 Facsimile: 07 3332 1990 Mobile: 0407 404 097 Website: www.evehealth.com.au

Mater Pathology now at Kenmore

Mater Pathology has opened a new collection centre at Kenmore. The collection centre continues Mater Pathology's commitment to provide exceptional pathology services for the community.

Mater Pathology Kenmore Shop 7, The Courtyard 2060 Moggill Road, Kenmore

Monday to Friday: 7.30 am to 5.30 pm *(closed 12.20 pm to 1 pm)* Saturday: 9 am to 1 pm Phone: 07 3378 9784

With more than 90 years experience, Mater Pathology is Queensland's leading not-for-profit pathology provider, reinvesting revenue back into healthcare.

All referrals accepted. Conditions apply.

All enquiries. All hours. Phone 07 3163 8500

EMS

DR MICHAEL FANNING

Respiratory and Sleep Physician Dr Michael Fanning offers consultations at Mater Medical Centre and practices at Mater Private Hospital Brisbane.



Dr Fanning is a graduate of The University of Queensland and he completed his resident training at the Princess Alexandra Hospital before spending three years on the Darling Downs training in General Practice.

He was awarded Fellow of the Royal Australian College of GPs.

Dr Fanning then undertook basic physician training at Princess Alexandra Hospital and subsequently completed advanced training in Respiratory and Sleep Medicine.

He specialises in treating lung cancer, complex sleep-related breathing disorders, insomnia and circadian rhythm disorders and he is currently researching the clinical utility to detect circulating tumour cells in lung cancer.

Dr Fanning is available for consultation regarding any aspect of respiratory or sleep medicine at Mater Medical Centre.

Referrals can be made to Dr Fanning at:

Suite 22, Level 6, Mater Medical Centre 293 Vulture Street, South Brisbane QLD 4101

Telephone: 07 3163 2253 Facsimile: 07 3844 5624

Exceptional People. Exceptional Care.







pathology.mater.org.au

Pathology



MATER RESEARCHER RECEIVES WHA MEDAL OF DISTINCTION

Mater researcher Associate Professor Vicki Flenady has been awarded the 2013 Women's Healthcare Australia Medal for her research dedicated to finding ways to prevent stillbirth.

A/Prof Flenady, a nurse and midwife with more than 30 years' experience, is Director of the Translating Research into Practice (TRIP) Centre at Mater and also provides leadership within the Mothers and Babies Health program.

"Vicki has been recognised for her outstanding contribution at a national level to improving health of women through service provision, leadership and advocacy," Mater Research Deputy Director—Research Professor Michael McGuckin said.

Prof Flenady said the award recognised not only her contribution to improving care for mothers and babies, but also the contribution of those who had worked with her and supported her over the years.

"Such recognition lifts the spirits of researchers who live with the ever-present struggle for funding to ensure our research program. It keeps us all going," she said.

A/Prof Flenady also recently received a PhD through Griffith University, on the subject of a systematic approach to stillbirth from a clinical epidemiological perspective.



MATER AWARDED FOR REACHING OUT TO THE HOMELESS



Photo courtesy of Katie Bennett

Homeless to Home Healthcare, an initiative of Mater Health Services and Micah Projects, has won Catholic Health Australia's Outreach Healthcare Award.

The program, which was also recently recognised with a National Homeless Services Achievement Award, focuses on the health and wellbeing of people who are homeless or vulnerably housed.

Catholic Health Australia Chief Executive Officer Martin Laverty said global research showed homelessness or inadequate housing often led to a wide range of serious health concerns, including chronic disease, infectious diseases, poor physical health, mental illness and high rates of drug and alcohol dependency.

"These are among society's most vulnerable people, and most are not receiving any sort of medical treatment. Mater Health Services, along with Micah Projects, recognised that was not acceptable and has made major strides in the health care of people who are homeless."

He said the Mater-Micah partnership had changed the lives of hundreds of people, and the program, started in 2012, provided another innovative way of delivering integrated, multidisciplinary health and community services to people who are homeless or at risk of homelessness.

"One of the great strengths of the work of Mater Health Services in this field is the leadership it has provided in bringing others along with them in the pursuit of better healthcare for people who are living on the margins of society," Mr Laverty said.

The program involves Mater nurses working within teams at Brisbane Homeless Service Centre and Brisbane Common Ground as well as with an after-hours service to provide healthcare support to those living rough.

Mater Health Services' Executive Director of Mission Leadership Madonna McGahan said Mater was thrilled to be recognised once again for helping to deliver a very important project.

Generally Speaking is produced by Mater Health Services' Marketing Department. Please forward comments or questions to Nadia Cavallaro via email nadia.cavallaro@mater.org.au or telephone 07 3163 3776.