

## Prostate Cancer Testing Guidelines

Australia's peak body for health advice, the National Health and Medical Research Council (NHMRC), recommends all men should be offered the opportunity to consider prostate-specific antigen (PSA) testing after a discussion with their GP regarding the risks and benefits of prostate cancer testing.

*(NHMRC Prostate Cancer Testing Guidelines 2016,  
[www.pcfa.org.au/media/612113/PSA-Testing-Guidelines.pdf](http://www.pcfa.org.au/media/612113/PSA-Testing-Guidelines.pdf))*

### Who to test

- All men 50 – 70 years of age
- Men 40 – 70 years of age, if they have a significant family history of prostate cancer

### How to test

Simply order a PSA test on an annual or second yearly basis.

### When to refer

- Refer men if the PSA is > 3.0 ng/ml
- Refer men with a positive family history if the PSA > 2.0 ng/ml

### How to refer

- To refer an insured patient visit [www.materonline.org.au/specialist/urology](http://www.materonline.org.au/specialist/urology)
- To refer an uninsured patient visit [materonline.org.au](http://materonline.org.au)