

MATER TURNS FIRST SOD AT SPRINGFIELD

Mater Health Services celebrated the turning of the first sod for Mater Private Hospital Springfield on 17 October, the first master-planned development to be built within Health City Springfield Central.

Earthworks have been completed on the site of stage one, an 80-bed \$85 million hospital, and construction is planned to start early next year with its completion scheduled for the end of 2015.

The new Mater Private Hospital Springfield will be located within 'Health City'—a 52-hectare master-planned health and wellness precinct designed by Springfield Land Corporation in collaboration with Harvard Medical International.

The state-of-the-art health facility will offer a combination of inpatient, day and chemotherapy beds and a cancer care centre will be partially funded by \$21.4 million from the Australian Government.

Mater has a master plan for the hospital precinct of Health City which incorporates a number of expansion stages designed to meet the growing demands of the region.

The development comes after the opening of Mater Health Centre Brookwater which houses Mater Pathology, Mater Pharmacy, a number of private specialist suites and a range of allied health services.

Executive Director Mater Private Hospitals Don Murray said the turning of the first sod was a major milestone for Mater and the Greater Springfield community.

"Stage one will provide a range of medical and surgical services and other specialities are being considered for the future development of the hospital."

"The framework of services provided by Mater, its partners and other third parties, will be responsive to the community's health need and will provide accountable, holistic care that promotes wellness, prevention of illness in addition to



> Above: Executive Director Mater Private Hospitals Don Murray (middle) turns the first sod on the site of Mater Private Hospital Springfield along with Radiation Oncology Queensland Chief Executive Officer Mark Middleton (left) and Springfield Land Corporation Chairman Maha Sinnathamby.

exceptional acute and sub-acute care and treatment," Mr Murray said.

The 10 000 m² facility will include four operating theatres, inpatient wards, a day surgery unit and the cancer care centre, initially with a linear accelerator and 15 medical oncology treatment bays, will be further developed in a partnership between Mater and Radiation Oncology Queensland.



GENERALLY SPEAKING DIRECT TO YOUR INBOX

Generally Speaking will soon be available in an e-newsletter format, making it more convenient for you to access relevant news from Mater.

The e-newsletter will be sent directly to your nominated inbox on a bi-monthly basis to provide you with important information on GP education events and exciting news on Mater services and medical advancements. It will be available as an e-newsletter in early 2014.

If you would like to register please email the following details to Sara McDonald, sara.mcdonald@mater.org.au (Name, email, practice name and telephone number)

MATER'S BABY CARE RANGE SUITABLE FOR SENSITIVE NEWBORN SKIN

Mater's new baby care products, Mater Baby Wash and Mater Baby Moisturiser, are specifically developed for newborn baby's skin.

As one of Australia's largest providers of maternity care, Mater Mothers' Hospitals are continuing the exceptional care from the hospital into the home by developing a range of maternity and baby care products.

Newborn skin provides a barrier to microorganisms and toxins, assists with temperature regulation and offers feedback via tactile senses. Full-term healthy newborn babies have anatomically well-developed skin however, there is a distinct difference in the epidermal barrier function between neonates and adults' skin, particularly regarding the acid mantle.

Due to the close relationship of microbial flora and skin pH, maintenance of the acid mantle is important in newborn skin* to minimise the number of bacteria and susceptibility to infection and dermatitis. Children with atopic dermatitis are known to have high skin pH levels. Cleansers that are soap free with a neutral or slightly acidic pH do not alter the protective acid mantle of newborn skin.

Mater Baby Wash and Mater Baby Moisturiser are pH balanced, dermatologically tested and suitable for

sensitive newborn skin. Mater products are available from Mater Pharmacies, Mater Florists, online via www.matermothers.org.au and selected pharmacies. Proceeds from Mater products support Mater Little Miracles.

**newborn skin pH reaches adults' level of 5.4-5.9 after a few weeks. References on request*



MULTIDISCIPLINARY PAEDIATRIC FEEDING CLINIC OFFERS HELP TO FAMILIES

Children who have difficulty feeding and swallowing are able to get holistic care and treatment at Mater Health and Wellness' Multidisciplinary Paediatric Feeding Clinic.

A team of specialists, including speech pathologists, dietitians and occupational therapists, in conjunction with a paediatrician, work with parents of children who are tube dependent and develop individualised plans to wean them off the tube.

What is tube dependency?

Tube dependency can occur as an unintended side effect of long-term tube feeding when it's introduced to manage a medical, nutritional, developmental or psychosocial condition. A 'tube dependent' child requires feeding through a gastric, intestinal or nasogastric tube.

Why do some tube dependent children need extra help weaning off their feeding tube?

Long-term tube feeding can mean a child misses out on the opportunity to learn the skills and behaviours needed for age-appropriate eating at a critical time in their development. As a result, children do not learn the important link between being hungry and eating.

What does the Multidisciplinary Paediatric Feeding Clinic offer?

- Assessment of a child's feeding skills, including swallowing safety.
- Assessment of feeding and mealtime behaviours.
- Implement strategies to improve feeding skills development.
- Assess the child's nutritional status and provide an individual feeding plan to meet their nutritional needs.
- Advise parents how to expand the variety of food the child consumes and how to introduce new foods for the whole family.

Mater Health and Wellness' Multidisciplinary Paediatric Feeding Clinic is located on Level 3 of Mater Children's Hospital at South Brisbane. For further information or to refer a patient telephone 07 3163 6000 or visit www.wellness.mater.org.au

WHICH DOCTOR?

DR PAUL GRIFFIN



An infectious diseases physician and clinical microbiologist, Dr Paul Griffin was appointed Mater Health Services Director of Infectious Diseases earlier this year.

Dr Griffin also continues his appointments as a visiting scientist at Mater Research and Queensland Institute of Medical Research, as well as a senior lecturer at The University of Queensland.

Dr Paul Griffin's primary research involves clinical trials in the field of infectious diseases including malaria human challenge and transmission blocking studies, as well as the discovery of antibiotic resistance, particularly VRE, by mass spectrometry in the clinical microbiology laboratory. His other interests include general infectious diseases, tropical medicine, HIV/AIDS, infections in immuno-compromised hosts, infection control and antimicrobial stewardship.

Dr Griffin works across Mater Adult Hospital, Mater Mothers' Hospital and Mater Private Hospital Brisbane.

Dr Griffin's contact details:

University Department of Medicine and Infectious Diseases
Level 1, Mater Adult Hospital
Raymond Terrace, South Brisbane Qld 4101

Telephone: 07 3163 6147

Facsimile: 07 3163 1548

DR BEN KROON



Dr Ben Kroon is a New Zealand born obstetrics and gynaecology specialist with extensive clinical experience in both Australia and New Zealand.

In addition to specialising in gynaecology and obstetrics, Dr Kroon has undertaken three years of advanced training in infertility. He is one of a several specialists in Queensland who have qualified as subspecialists in infertility and reproductive endocrinology.

Dr Kroon is heavily involved in the work conducted by the Queensland Fertility Group Research Foundation and is a senior lecturer in obstetrics and gynaecology at The University of Queensland.

An Australian Gynaecological Endoscopy Society travelling fellow in 2008, he has a particular interest in advanced laparoscopic surgery and his surgical practice focuses on endometriosis and fertility enhancing surgery.

Dr Kroon's obstetric practice complements his experience in infertility treatment, allowing him the privilege of being involved in patient care from conception to delivery.

Referrals can be made to Dr Kroon at:

Eve Health, Shop 5, 199 Grey Street
South Bank Qld 4101

Telephone: 1300 383 432

Facsimile: 07 3332 1990

Email: info@evehealth.com.au

Website: www.evehealth.com.au

Mater Pathology now offers results online

You can now obtain rapid and secure access to your Mater Pathology results online via your computer, smartphone or tablet. This will enable you to:

- Quickly and easily view your Mater Pathology results on-the-go
- View cumulative reports and graphs at the click of a button
- Access results for any Mater Pathology patient (where clinically appropriate)
- Results are accessible from any computer, smartphone or tablet with internet access.

To register simply visit pathology.mater.org.au and click on the Mater Pathology results online button on the home page.



Mater Pathology
results online



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GPs ENJOY WOMEN'S HEALTH CONFERENCE

Mater's
GP Education
Program 2014

Dates will be announced
in the next edition of
Generally Speaking

Mater Women's Health Conference, Magnifique, held at Sofitel Broadbeach last month, was a great success with over 120 delegates participating in the dynamic two-day education program featuring Mater's leading women's health specialists.

GPs enjoyed presentations on relevant topics such as dermatology, plastic and reconstructive surgery, gynaecologic oncology, paediatrics, obstetrics, maternal fetal medicine, breast cancer and urogynaecology.

The highly-regarded Advanced Life Support Session run by the award-winning Mater Private Emergency Care Educators was a highlight, with delegates providing feedback that the course was 'excellent' and 'the best CPR session ever'.

Another highlight from the conference, with a 100 per cent relevance score, was our expert panel of women's health specialists who answered questions and discussed issues submitted by delegates.

Mater's Shared Care Advanced Alignment Program was held as part of the conference, bringing the total number of aligned GPs in South East Queensland to over 700.

Delegates enjoyed a Parisian themed experience throughout the weekend and were able to relax with their colleagues at a cocktail soirée by the pool on the Saturday evening.

- > Right: Guests enjoying a night of all things French at the cocktail soirée.
- > Above Right: GPs taking part in the popular CPR session at the conference.



CHRISTMAS OPENING HOURS

While there are some closures of Mater facilities and services over the holiday period, many services remain open to patients over the Christmas-New Year break.

The emergency departments at Mater Private Hospital Brisbane, Mater Adult Hospital and Mater Children's Hospital remain open 24 hours a day, seven days a week.

Specialist suites at Mater Health Centre Redland will close from 23 December to 5 January 2014, consultations at Mater Health Centre Brookwater will shut from 24 December to 3 January and Mater Health Centre Hope Island's suites will close Christmas Eve, opening on 6 January 2014.

For Mater Adult Hospital, Mater Mothers' Hospital and Mater Children's Hospital outpatient clinic closures visit www.materonline.org.au and view the Referral Guidelines for each specialty.

Sessional suites at Mater Private Hospital Brisbane will close from 5 pm on 24 December and will re-open 8 am on 6 January while suites at Mater Private Hospital Redland will close from 23 December to 5 January 2014.

Mater Health and Wellness Clinic will also have a break from 23 December and re-open to patients from 6 January 2014.

Mater Pathology

Due to the holiday period, opening times at Mater Pathology have changed for most collection centres across Brisbane. The collection centre at Mater Private Hospital Brisbane will close on Christmas Day, Boxing Day and New Year's Day, however for urgent collections, patients can visit the emergency department 24 hours, seven days a week. Visit www.materonline.org.au to view the opening times for specific collection centres.

Mater Pharmacy

All Mater Pharmacies are closed on Christmas Day with some remaining closed for Boxing Day and New Year's Day. To find out specific opening times for the holidays visit pharmacy.mater.org.au

